

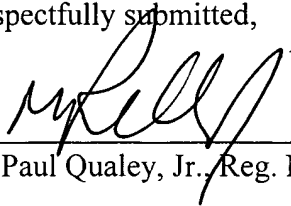
## REMARKS

This is a full and timely response to the outstanding non-final Office Action mailed September 24, 2003. Reconsideration and allowance of the application and presently pending claims are respectfully requested.

The Office Action indicates that restriction to one of the following inventions is required under 35 U.S.C. §121: I. Claims 1 – 2, 11 and 18 – 31, drawn to a self massage device, classified in class 601, subclass 134; and II. Claims 15 – 17, drawn to a method of administering self massage, classified in class 128, subclass 898. Applicant elects prosecution of the claims of group I with traverse. Specifically, in response to the restriction requirement, Applicant has amended claim 15 to include the limitations of claim 1, as indicated. Therefore, the restriction requirement has been rendered moot by the amendment.

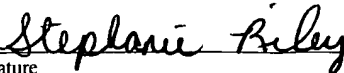
Applicant expressly reserves the right to present the non-elected claims, or variants thereof, in continuing applications to be filed subsequent to the present application. Should the Examiner have any questions regarding this response, the Examiner is invited to telephone the undersigned attorney at (770) 933-9500.

Respectfully submitted,

  
M. Paul Qualey, Jr., Reg. No. 43,024

**THOMAS, KAYDEN,  
HORSTEMEYER & RISLEY, L.L.P.**  
100 Galleria Parkway N.W., Suite 1750  
Atlanta, Georgia 30339  
(770) 933-9500

I hereby certify that this correspondence is being deposited with the United States Postal Service as first class mail, postage prepaid, in an envelope addressed to: Assistant Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450, on 10/22/03

  
Signature